



Looking Glass

Youth & Family Services



HEALTHY KIDS, HEALTHY

FUTURES

For forty years, Looking Glass has embraced the belief that healthy kids lead to healthy futures.

From our beginnings in 1970 gathering community members to help runaway youth, we have grown to become the largest behavioral health care provider in Lane County. Our continuing partnership with the community has resulted in thousands of young lives transformed, with teenagers put on the path to success.

We have grown significantly in the last five years – especially in the area of quality. This year we opened a new state-of-the-art residential treatment facility at our original location on River Road. Through the efforts of our board and staff, we achieved national accreditation from the Council on Accreditation in New York in 2006. We were re-accredited this year. This verifies to our children, parents, and community that we exceed national standards of service in all of our operations. Accreditation and our new facility also allow us to provide a new, state-licensed, Intensive Treatment Services program. This is the first time ever that local teenagers and their families have had this service available in Lane County.

As needs grow and resources diminish, we optimistically look forward to increasing the public benefit of our services. In partnership with our community, we will find ways to help grow a healthy future for all of us.



Craig Opperman,
Chief Executive
Officer

A handwritten signature in black ink, appearing to read "Craig Opperman".

BRINGING OUR KIDS

HOME

LOOKING GLASS' NEW INTENSIVE TREATMENT SERVICES
ALLOWS CHILDREN TO STAY IN OUR COMMUNITY AND OBTAIN THE HELP THEY NEED.

Looking Glass is starting a new behavioral health program for children with profound mental health disorders which require 24-hour care and a long-term treatment strategy. State-accredited education will also be provided to participants in this program.

This new program addresses a gap in our community for children over the age of 12 requiring residential treatment to address significant behavioral health issues, including post traumatic stress disorder, bipolar disorder, preschizophrenia, oppositional defiance disorder, obsessive compulsive disorder, and autistic behaviors. Children admitted to this program will have lengthy histories of trauma and most will have had hospitalization for behavioral health issues.

In the past, Lane County children needing these services were sent to facilities in Portland, Corvallis or Grants Pass. Families had difficulty participating in their child's treatment because of the distance. Positive outcomes for children are compromised when the environment they are returning to remains unchanged and caregivers have not learned new strategies for parenting a child with behavioral health issues. Caregiver participation is vital in supporting the successful transition of children back into their communities. Looking Glass' new Intensive Treatment Services program will allow Lane County family



Looking Glass' new residential treatment facility

members, foster parents and others to better partner with their children's treatment team in developing a strong system of support.

Looking Glass has recently completed the construction of a new, \$4.5 million, residential treatment facility which will allow us to address the needs of this particular population of highly vulnerable children. We began accepting children into this program on October 4th.

LOOKING GLASS' NEW INTENSIVE TREATMENT SERVICES PROGRAM WILL ALLOW LANE COUNTY FAMILY MEMBERS, FOSTER PARENTS AND OTHERS TO BETTER PARTNER WITH THEIR CHILDREN'S TREATMENT TEAM IN DEVELOPING A STRONG SYSTEM OF SUPPORT.

A LOOK AT WHAT WE'VE

ACHIEVED

LOOKING GLASS HAS SERVED MORE THAN 7,500 YOUTH IN THE PAST YEAR THROUGH A VARIETY OF SERVICES, RANGING FROM PREVENTION TO TREATMENT

EDUCATION

Looking Glass' highly trained staff of educators provides a variety of educational opportunities for teens. Our residential facilities offer on-site classroom instruction alongside treatment. The Looking Glass school for runaway and homeless youth provides flexible educational options to help keep homeless teens working on their education. Our school for youth with mental health and psychosocial issues provides a successful educational

experience and helps students return to community schools when appropriate. Through our alternative high school, teens that respond better outside of the traditional learning environment receive job training, general education diploma (G.E.D.) preparation, and an opportunity to earn their high school diploma.

- 78 students received their diploma or G.E.D. from Looking Glass' alternative schools.

- 118 students were provided educational services at our school for homeless and runaway youth.

- 224 students received educational instruction from our alternative high school.

YOUTH EMERGENCY SERVICES/ FAMILY RECONCILIATION

Runaway and homeless youth living in perilous situations find safety and assistance through emergency shelter and crisis counseling. These services help youth get their lives back on track and provide the chance to reunite with their families. Older homeless youth without family support can prepare to live on their own and are offered housing assistance, education, and basic life skills training.

- Street outreach workers made contact with 709 individual homeless youth, often multiple times.
- 166 homeless and runaway youth were provided lodging at our homeless and runaway youth shelter.
- Nearly 1,100 homeless and runaway youth received basic needs such as meals and hygiene at our drop-in center.

TREATMENT

Looking Glass provides comprehensive residential and outpatient treatment and counseling services to Lane County teens. Specialized treatment programs help youth dealing with abuse, delinquency, addiction and mental health issues.

- 1,459 children, teens and families received services at our outpatient counseling center.

- 430 youth and families received outpatient treatment through our Adolescent Recovery Program.

EMPLOYMENT READINESS

Looking Glass provides specialized occupational training and assistance for older youth. Our job-training program trains students in electronics, culinary arts, health occupation, and



natural resources stewardship. We also offer guidance and resources to teens searching for work, help teens obtain proper clothing for interviewing and working, and assist with work readiness skills.

- 255 teens received job seeking and job preparedness services.

CRISIS HOTLINE AND RESPONSE

Twenty-four-hour crisis intervention is available to youth and families via our crisis hotline. When necessary, bi-lingual crisis response counselors are available to travel to crisis locations to help 24-hours-a-day, 365 days a year.

- 9,291 crisis and information calls were responded to by Looking Glass.



STORIES OF

SUCCESS

LOOKING GLASS REALIZES THAT EVERY LIFE WE TOUCH THROUGH THE SERVICES WE OFFER IS SPECIAL, UNIQUE AND WORTHWHILE; WE RESPECT AND APPRECIATE THE FAMILIES AND INDIVIDUALS WHO PUT THEIR TRUST IN US TO HELP MAKE A DIFFERENCE IN THEIR LIVES. HERE ARE JUST A FEW OF THEIR STORIES...

JENNY

Jenny was deeply depressed when she came to Looking Glass – with good reason. She was homeless, addicted to drugs, abused by her husband, and had lost custody of her baby. Working with a Looking Glass therapist and case workers, Jenny addressed her addiction issues, enrolled in Lane Community College, and ended her abusive relationship.

Within months, Jenny had successfully re-built her life. She re-gained custody of her daughter, moved into her own apartment and began working towards her college degree. Today, Jenny continues to be successful and is a great mother to her 2-year-old daughter.

BRANDON

Brandon barely spoke and rarely made eye contact. He refused to go to school and behaved aggressively at times. At Looking Glass, treatment focused on mood regulation, coping strategies, and communication skills. Family therapy helped his parents develop more structure and consistency in their family dynamic.

Brandon has made significant improvement. He is attending school and has improved his social skills. His mother reports, "He's a whole different person. Things are so much better."



MARA

At 15, Mara had been abused by both her parents and boyfriends. At Looking Glass she was able to come to terms with her past. Looking Glass reached out to her extended family. Mara's maternal grandparents attended family therapy with her and agreed to have Mara move into their home. A year later, Mara is working toward her high school diploma and the healthy, happy life she wanted for herself.

NICOLE

Looking Glass' job-training program has helped Nicole gain hands-on job experience while she explores possible career paths. Nicole was referred to a summer work program at Next Step Recycling where she was hired on temporarily. She quickly proved herself to be an outstanding employee and was offered a permanent position with the organization. Nicole is currently pursuing her Associates degree in Sustainability at Lane Community College while she works. Looking Glass provided Nicole with the opportunity to learn new skills and has taught her how to apply them in the real world.

JESSE

Jesse was one of nine children, and his life was a horrible nightmare. Subjected to ritualized abuse by his step-father, Jesse was a time bomb waiting to go off. He brought a loaded weapon to school. After serving time in detention, Jesse was enrolled in residential treatment at Looking Glass. By offering a consistent structure and firm boundaries, Looking Glass staff were able to gain Jesse's trust and respect. He came to terms with the trauma he had suffered and learned strategies for redirecting his anger. Looking Glass found a family member who wanted to help and Jesse was able to transition to a stable, supportive, environment. Jesse graduated from a local high school and continues to do well.

GINA

Gina came to Looking Glass at 15 because she was abusing prescription drugs. Looking Glass coordinated with her physician and psychiatrist to develop a treatment plan to address Gina's bipolar disorder and her substance abuse.

Gina's treatment involved extensive family therapy, and focused on relapse prevention and developing healthy social and physical activities to counter depression.

Gina has finished treatment and is sober, her bipolar disorder has been stabilized through medication, and she is living a happier, healthier life.

"LOOKING GLASS SAVED OUR FAMILY. IF IT WASN'T FOR THEM, WILLIAM COULDN'T BE THE WONDERFUL PERSON HE IS NOW."

– WILLIAM'S MOTHER

WILLIAM

Due to an autism spectrum disorder (ASD), William had received special education services throughout his elementary and early teen years. When it was time to transition to high school, educators were concerned that he would not receive the necessary behavior supports to enable him to succeed.

The local school district referred him to a Looking Glass school where his needs could be met. At Looking Glass, he obtained the skills he needed to be a successful student. He learned coping mechanisms to manage his anxiety and aggression. William improved his social skills, made friends, and became a role model to other students.

William successfully transferred to Looking Glass' Riverfront school during his senior year where he earned his high school diploma. His mother was incredibly grateful to Looking Glass for the services they offered her son and says, "Looking Glass saved our family. If it wasn't for them, William couldn't be the wonderful person he is now."

OUR SERVICES

PROGRAMS

LOOKING GLASS OFFERS A UNIQUE CONTINUUM OF SERVICES, FROM PREVENTION TO TREATMENT, THROUGH THE 11 INNOVATIVE PROGRAMS WE OPERATE.

COUNSELING SERVICES

Counseling Program: Outpatient mental health treatment for children, youth, adults, and families. Services are provided at locations throughout Lane County.

Adolescent Recovery Program: Outpatient substance abuse treatment for youth under the age of 20 and their families.

Crisis Response: A 24-hour, 7-day-a-week crisis response line including deployment of trained specialists in crisis prevention.

RUNAWAY & HOMELESS SERVICES

Station 7 Program: Emergency shelter for runaway and homeless youth ages 11-17, family reconciliation, and 24-hour crisis hotline.

New Roads Program:

Transitional and independent living services for homeless youth ages 16-21. Education offered through New Roads School for homeless youth.

EDUCATION & VOCATIONAL SERVICES

Riverfront School & Career Center: An accredited alternative school offering academic courses and vocational training for out-of-school youth, ages 14-21. Includes the Teen Parent Program, an Independent Living Program for children in foster care, and the Lane Metro Youth Corps.

Center Point School: Academic and therapeutic services for youth with mental health issues, ages 11-17.

RESIDENTIAL SERVICES

Pathways Girls Program: Alcohol and drug treatment for girls ages 12-18.

Pathways Program: Alcohol and drug treatment for Lane County male juvenile offenders, ages 12-18.

Stepping Stone Program:

Long-term treatment for juvenile offenders, ages 12-18, in a structured group living environment.

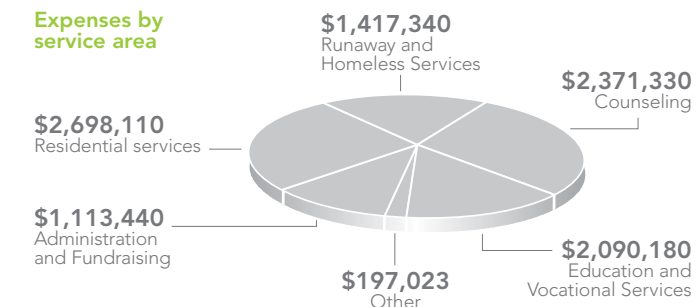
Intensive Treatment Services: Psychiatric residential treatment services for youth, ages 11-18 with chronic and severe behavioral health problems.



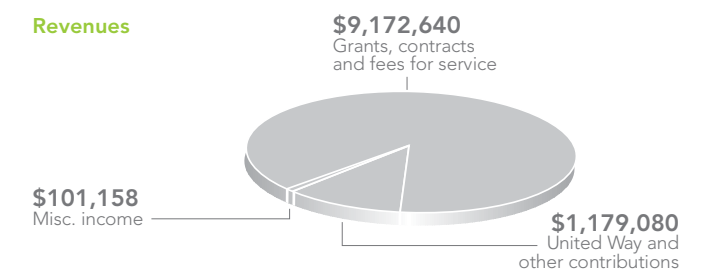
Financial information

LOOKING GLASS PRIDES ITSELF ON FISCAL ACCOUNTABILITY AND CONTINUES TO BE FINANCIALLY HEALTHY. WE PROVIDE QUALITY SERVICES IN A COST EFFECTIVE MANNER, WITH MORE THAN 84 PERCENT OF FUNDING USED FOR CLIENT SERVICES.

Expenses by service area



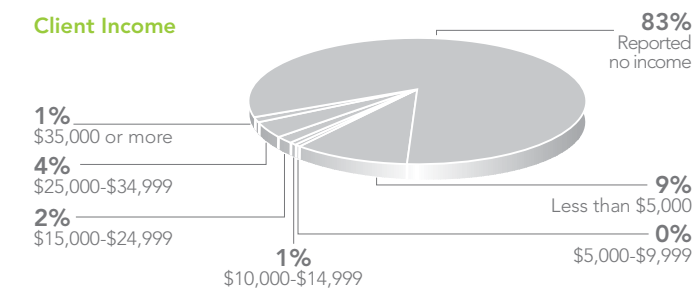
Revenues



Client demographics

THESE STATISTICS ARE REPRESENTATIVE OF THE CLIENTS WE SERVE. HOWEVER, DEMOGRAPHICAL INFORMATION WAS NOT COLLECTED ON ALL CLIENTS WHO RECEIVED ASSISTANCE THROUGH OUR PROGRAMS – INCLUDING CALLERS TO OUR CRISIS LINE AND STREET OUTREACH.

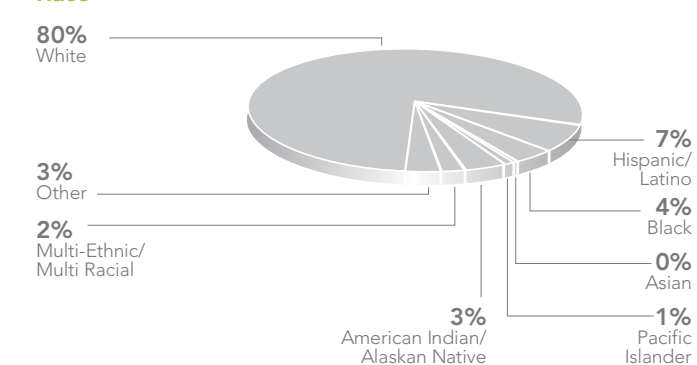
Client Income



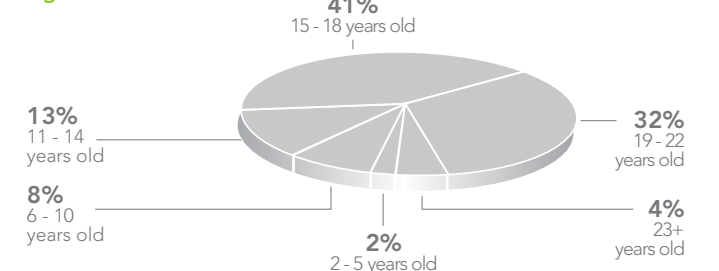
Gender



Race



Age of Clients



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AN ENDEARING LEGACY

Clifford Barney was a survivor. As a teenager during the Great Depression he left home to search for work. During WWII he ran bombing raids over Nazi Germany. Cliff believed that providing young people the right help when they needed it was vitally important. "It was natural that he decided to leave his estate to Looking Glass to support young people who need help."



-Judy, Clifford's Niece

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BUILD A BETTER FUTURE
FOR YOUTH AND FAMILIES
BY HELPING THEM NAVIGATE
THE CHALLENGES OF CHILDHOOD,
ADOLESCENCE, AND YOUNG
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– Looking Glass Mission Statement



Looking Glass
Youth & Family Services

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